1. **Is it worth it?**

The alarm clock rings. Seven o'clock. "What, already?" thinks Steve. Ten minutes later he closes the door behind him and starts to run down the road.

Sometimes he wonders if it is really worth it. But then he imagines how great it would be to win a medal for Britain. His girlfriend is beginning to complain that she never sees him.

But then, on a day like this, with the sun shining and the birds singing, he really enjoys himself running through the fields.

An hour later he is back home. He washes and dresses for school, then sits down to a breakfast of bacon and eggs. He has to hurry and cuts himself with a knife. Yesterday he burned himself on the toaster. At half past eight he leaves the house.

"Bye, love," his mother says, "look after yourself. I will. See you later," he answers. He has to hurry to catch the bus to school.

At a quarter past four Steve gets on the bus again and goes home. By now he is feeling very tired, so he lies down for half an hour before tea. Later, when he has done his homework, he relaxes, makes himself a cup of cocoa and listens to music.

Then he starts to feel very tired. He falls asleep. He imagines he has won an Olympic medal ...

2. **What do they say?**

Use *eat, burn, enjoy* (2), *look after* and *make* (2) with the correct reflexive pronouns.

<table>
<thead>
<tr>
<th>Reflexive Pronouns</th>
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<tbody>
<tr>
<td>1</td>
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<tr>
<td>you</td>
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<td>he</td>
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1. Steve has ________________ a training plan. In the week he trains for an hour every day and two hours at the weekend.

2. In the mornings, when her children have gone to school, Steve's mother ________________ a cup of tea and reads the newspaper.

3. Steve's mother worries a lot about her children. They tell her, "Don't worry, Mum. We can ________________

4. Steve is telling his friend what happened yesterday –

   "I ________________ on the toaster".

5. Steve's little sister is cutting bread. Steve warns her,

   "Don't ________________

6. Steve and his friend are invited to a party. His mother says,

   "Bye. ________________"
3. Translate into English

First try to do it without looking at the text.

1. Steve fragt sich oft, ob es sich wirklich lohnt.
2. Seine Freundin beklagt sich, dass es so oft weg ist.
3. Morgens muss sich Steve beeilen.
4. Kurz nach acht wäscht er sich und zieht sich für die Schule an.
5. Nach der Schule fühlt sich Steve oft sehr müde.
6. Manchmal legt er sich für eine halbe Stunde hin.
7. Abends entspannt er sich.
8. Er hört sich oft Musik an.
9. Er stellt sich manchmal vor, er habe bei der Olympiade eine Medaille gewonnen.

Underline the reflexive verbs in the German sentences and the English verbs you used to translate them.

4. Fill in this table with verbs from text 1 and your translations

<table>
<thead>
<tr>
<th>English verbs – not reflexive</th>
<th>German verbs – reflexive</th>
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1. Simon Cox, 20 years

I get along quite well, really. Washing and dressing is no problem. And I can make my own bedroom. I can’t get out of bed myself, though. I need help for that. And I can’t wash my hair myself. So I do the ironing and cooking. I can’t make my bed myself either. Mrs. Bailey from next door helps me. I help her and her husband, too. You see, it’s difficult for them to do their shopping. Now I can shop for myself, but I can’t do the shopping at all.

2. What problems do they have?

- He can’t make his bed himself.
- The Bailey’s can’t shop either.
- He can’t/can’t ... himself.

3. Do the washing

4. Do the cooking

5. wash and comb her hair

6. get out of bed
3. Old people

City School wants to start a project to help the old people who live near them.

One class goes to talk to old people who live alone – single people.

Another class wants to talk to couples – two people living together.

What questions could they ask?

Single people:

- Can you ... yourself?

Couples:

- Can you ... yourselves?

4. Can you help?

Is there anyone you know who might need help?

What can they do themselves? How could you help?

Man in post office: Shall I stick the stamp on myself?

Assistant: No! Put it on the envelope.
Arbeitsaufträge Klasse 8b im Fach E (bis 23.03.2020)

Aufgaben lösen und bei Problemen eine Email an peter.lichtneckert@elly-heuss-realschule.muenchen.musin.de